



Beverley Barracudas Swimming Club

(Affiliated to ASA NER Region)

Barracudas' A/B/C Short Course Sprints Gala

Under ASA Laws & ASA Technical Rules

Licence Number: NE180143

(For entry into Regional and County Championships)

Sunday 18th March 2018

Beverley Leisure Centre, Beverley

Events

All age groups – 50m all strokes

10 yrs and over – 100m all strokes

9 & 10 years – 100m individual medley

11 yrs and over – 200m individual medley

Awards

9/10 Medals 1st – 6th 11/12/13/14 yrs & over 1st - 3rd

Top Boy & Girl in each age group

Top Club

Entries

£5.00 per individual entry

Accepted on a first come first served basis

**ALL SPECTATORS TICKETS MUST BE PURCHASED WITH
ENTRIES**

Please supply S.A.E with entry for return of spectator tickets.

Age as at midnight on 18th March 2018

Closing Date: Midnight Wednesday 31st January 2018



General Information

Organisation

- The gala will be held under ASA Laws and Technical Rules of Swimming.
- Ages as at 18th March 2018
- Over the top starts will be used at the discretion of the Lead Referee and Meet Management.
- Integrated heats will be seeded according to entry times.
- All events are heat declared winners.

Venue

- Beverley Leisure Centre, Flemingate, Beverley, HU17 0LT.

Pool

- 25m, 8 Lane Pool with anti-wave ropes.
- Large scoreboard and electronic timing used throughout the meet.

Timing

- Electronic timing will be used throughout the meet.

Session Times

- Sunday Morning Warm Up – 8:00am Start – 9:00am
- Sunday Afternoon Warm Up – 1:00pm Start – 2:00pm

Individual Events

- All ages graded – 50m, 100m, IM 100m, IM 200m all strokes.
- All events are heat declared winners

Promoter: Kieran A Sheehan



Awards

- Age groups 9, 10 and 11 years old: medals 1st – 6th
- Age groups 12, 13, 14 and open: medals 1st – 3rd
- A Speeding Ticket will be awarded to any swimmer who swims faster than the A grade time.

Coaches Passes

- Coaches Passes cost £12.00, this includes; admissions to all sessions, a programme and a buffet lunch with refreshments.

Entry Procedures and Fees

- All entries are £5.00 per individual event and to be submitted using the online entry forms provided;
- Swimmers must not have swum faster than the A Grade cut-off time during the 12 months preceding the gala;
- Entries open: 1st November 2017.
- Entries will be accepted on a first come first serve basis providing that the entry times are no greater than the upper limit times. It may be necessary to close entries prior to the official closing date;
- Poolside entries may be accepted at the discretion of the Promoter;
- Complete entry forms online at:
http://www.openmeets.co.uk/entry_sys If you have queries, please contact Cris Lewis at: entrymanagement@openmeets.co.uk
- Swimmer entry fees together with spectators fees and other requisite fees to:
Karen Towse
22 Woodhall Park
Molescroft
BEVERLEY
HU17 7JT

E-Mail: galasec@beverleybarracudas.co.uk

If paying via BACS, please email Karen Towse above.

Beverley Barracudas bank account details are:

Sort code: 40-32-06

Account Number: 91254316

If paying by cheque, these should be made payable to:
Beverley Barracudas Swimming Club.

ENTRY CLOSING DATE: MIDNIGHT WEDNESDAY 31st JANUARY 2018.



Entry Cards

- This meet is cardless. All entry withdrawal forms must be presented to the recorders desk within 10mins of the start of warm-ups for each session.

Spectators

- Admission for spectators will be:
- Adults: £5 per session or £8 full day pass.
- Children/OAP's £3 per session or £5 full day pass.
- All spectators tickets must be purchased with entries.
- Stamped addressed envelope to be included for return of spectators tickets.
- Will be on a first come first served basis.
- No entry on day without a ticket.

Photography

- There will be a photographer present on the day and pictures will be available to purchase.
- Anyone wishing to engage in zoom or close range photography must register on entry.

Swimshop

- There will be a swimshop in the Leisure Centre for the duration of the meet.

Footwear

- All meet participants must observe the safety precautions at Beverley Leisure Centre and must wear footwear when leaving poolside.

Further Information

- For further information, please contact:
- E-Mail: galasec@beverleybarracudas.co.uk
- Telephone: 01482 860045

Or you can visit our website and click on [galas](http://www.beverleybarracudas.co.uk)
www.beverleybarracudas.co.uk



Cut-off Times

Girls A Grade (not faster than)							
Age:	9	10	11	12	13	14	15+
50m Freestyle	None	35.20	32.40	31.20	30.30	29.40	28.80
100m Freestyle	-	1:15.00	1:10.00	1:07.00	1:05.00	1:03.00	1:01.00
50m Breaststroke	None	45.60	41.70	39.50	38.10	37.00	36.20
100m Breaststroke	-	1:38.50	1:30.80	1:26.10	1:23.00	1:20.30	1:18.50
50m Butterfly	None	39.10	35.90	34.40	32.90	32.10	31.40
100m Butterfly	-	1:27.30	1:20.30	1:17.00	1:13.50	1:10.50	1:10.00
50m Backstroke	None	40.10	36.60	35.30	34.00	33.60	33.20
100m Backstroke	-	1:26.60	1:20.40	1:16.00	1:12.50	1:11.20	1:10.00
100m IM	None	1:29.60	1:21.40	1:18.30	1:15.70	1:14.20	1:11.60
200m IM	-	-	2:49.40	2:40.70	2:36.70	2:33.50	2:30.00

Girls B Grade (not faster than)							
Age:	9	10	11	12	13	14	15+
50m Freestyle	None	39.60	36.50	35.10	34.10	33.10	32.40
100m Freestyle	-	1:30.50	1:23.10	1:16.90	1:13.80	1:12.00	1:10.80
50m Breaststroke	None	51.30	47.00	44.50	42.90	41.70	40.80
100m Breaststroke	-	1:54.30	1:44.50	1:37.50	1:33.80	1:28.80	1:26.50
50m Butterfly	None	44.00	40.40	38.70	37.00	36.20	35.30
100m Butterfly	-	1:42.00	1:33.00	1:28.70	1:22.30	1:18.20	1:15.70
50m Backstroke	None	45.20	41.20	39.80	38.30	37.80	37.40
100m Backstroke	-	1:40.00	1:32.00	1:27.10	1:22.50	1:18.50	1:16.60
100m IM	None	1:40.80	1:32.10	1:28.10	1:25.20	1:23.50	1:20.60
200m IM	-	-	3:17.00	3:06.90	2:58.50	2:52.00	2:47.60

Girls C Grade (not faster than)							
Age:	9	10	11	12	13	14	15+
50m Freestyle	None	44.60	41.00	39.50	38.50	37.00	36.00
100m Freestyle	-	1:41.00	1:31.00	1:26.00	1:21.00	1:18.00	1:14.50
50m Breaststroke	None	57.70	52.70	50.00	48.10	46.80	45.70
100m Breaststroke	-	2:08.00	1:59.00	1:52.00	1:47.00	1:41.00	1:36.50
50m Butterfly	None	49.50	45.50	43.50	41.60	40.70	39.80
100m Butterfly	-	1:55.00	1:46.00	1:39.50	1:31.50	1:27.00	1:20.50
50m Backstroke	None	50.70	46.00	44.60	43.00	42.60	41.90
100m Backstroke	-	1:56.00	1:44.00	1:38.00	1:32.50	1:25.00	1:20.00
100m IM	None	1:53.40	1:43.50	1:38.00	1:35.00	1:33.50	1:30.00



200m IM	-	-	3:40.00	3:30.00	3:15.00	3:08.00	3:00.00
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Cut-off Times

Boys A Grade (not faster than)

Age:	9	10	11	12	13	14	15+
50m Freestyle	None	34.80	32.20	30.20	28.90	27.80	26.00
100m Freestyle	-	1:15.50	1:11.20	1:06.90	1:03.40	59.90	57.50
50m Breaststroke	None	44.70	41.70	38.60	36.10	34.50	32.00
100m Breaststroke	-	1:38.00	1:30.50	1:24.80	1:19.20	1:15.50	1:12.00
50m Butterfly	None	39.00	35.90	33.30	31.70	30.20	28.50
100m Butterfly	-	1:26.90	1:20.40	1:15.00	1:09.00	1:05.20	1:03.00
50m Backstroke	None	41.10	37.30	34.80	33.00	31.70	29.00
100m Backstroke	-	1:25.70	1:19.80	1:14.80	1:10.20	1:06.70	1:04.20
100m IM	None	1:28.60	1:22.60	1:17.30	1:12.50	1:09.30	1:03.20
200m IM	-	-	2:50.00	2:41.00	2:33.20	2:26.00	2:19.00

Boys B Grade (not faster than)

Age:	9	10	11	12	13	14	15+
50m Freestyle	None	39.14	36.20	34.00	32.50	31.30	30.00
100m Freestyle	-	1:30.30	1:23.40	1:16.40	1:10.50	1:07.20	1:03.90
50m Breaststroke	None	50.30	46.90	43.40	40.60	38.80	37.00
100m Breaststroke	-	1:56.30	1:45.80	1:37.00	1:29.90	1:24.80	1:21.00
50m Butterfly	None	43.90	40.40	37.50	35.70	34.00	32.50
100m Butterfly	-	1:43.40	1:33.7	1:26.20	1:19.20	1:14.80	1:11.00
50m Backstroke	None	46.20	42.00	39.20	37.10	35.70	33.10
100m Backstroke	-	1:42.80	1:33.50	1:26.10	1:19.90	1:14.90	1:11.50
100m IM	None	1:39.70	1:33.00	1:27.00	1:21.60	1:18.00	1:14.50
200m IM	-	-	3:22.30	3:06.80	2:53.30	2:43.40	2:35.80

Boys C Grade (not faster than)

Age:	9	10	11	12	13	14	15+
50m Freestyle	None	43.80	40.60	38.00	36.60	35.00	33.60
100m Freestyle	-	1:44.00	1:35.00	1:26.00	1:17.50	1:13.00	1:09.00
50m Breaststroke	None	56.60	52.60	48.70	45.50	43.50	41.50
100m Breaststroke	-	2:13.00	159.00	1:50.50	1:40.00	1:33.50	1:29.00
50m Butterfly	None	49.50	45.50	42.40	40.50	38.00	36.60
100m Butterfly	-	2:00.00	1:46.50	1:37.50	1:29.10	1:23.50	1:19.00
50m Backstroke	None	52.00	47.00	44.10	41.40	40.00	37.00
100m Backstroke	-	1:58.50	1:47.50	1:38.50	1:28.50	1:22.50	1:18.00
100m IM	None	1:52.00	1:44.50	1:37.00	1:31.80	1:27.80	1:23.00
200m IM	-	-	3:55.00	3:30.80	3:13.10	2:59.00	2:51.20



Schedule of Events

Session Times	
Session 1 - Morning	
Warm-up - Girls: 8:00am - 8:25am, Boys: 8:25am - 8:50am, First Heat 9:00am	
101	Girls 11 – 12 years 200m Individual Medley
102	Boys 9 – 10 years 100m Individual Medley
103	Girls 13 years and over 200m Individual Medley
104	Boys 9 – 12 years 50m Backstroke
105	Girls 10 – 12 years 100m Butterfly
106	Boys 13 years and over 50m Breaststroke
107	Girls 13 years and over 100m Freestyle
108	Boys 9 years 50m Breaststroke
109	Boys 10 – 12 years 100m Breaststroke
110	Girls 10 – 12 years 50m Freestyle
111	Boys 13 years and over 100m Butterfly
112	Girls 13 years and over 50m Backstroke
113	Boys 9 – 12 years 50m Butterfly
114	Girls 10 – 12 years 100m Backstroke
115	Boys 13 years and over 50m Freestyle
116	Girls 13 years and over 100m Breaststroke
117	Boys 9 years 50m Freestyle
118	Boys 10 – 12 years 100m Freestyle
119	Girls 10 – 12 years 50m Breaststroke
120	Boys 13 years and over 100m Backstroke
121	Girls 13 years and over 50m Butterfly



Schedule of Events

Session 2 - Afternoon	
Warm-up – Boys: 1:00pm - 1:25pm, Girls: 1:25pm - 1:50pm, First Heat 2:00pm	
201	Boys 11 – 12 years 200m Individual Medley
202	Girls 9 – 10 years 100m Individual Medley
203	Boys 13 years and over 200m Individual Medley
204	Girls 9 – 12 years 50m Backstroke
205	Boys 10 – 12 years 100m Butterfly
206	Girls 13 years and over 50m Breaststroke
207	Boys 13 years and over 100m Freestyle
208	Girls 9 years 50m Breaststroke
209	Girls 10 – 12 years 100m Breaststroke
210	Boys 10 – 12 years 50m Freestyle
211	Girls 13 years and over 100m Butterfly
212	Boys 13 years and over 50m Backstroke
213	Girls 9 – 12 years 50m Butterfly
214	Boys 10 – 12 years 100m Backstroke
215	Girls 13 years and over 50m Freestyle
216	Boys 13 years and over 100m Breaststroke
217	Girls 9 years 50m Freestyle
218	Girls 10 – 12 years 100m Freestyle
219	Boys 10 – 12 years 50m Breaststroke
220	Girls 13 years and over 100m Backstroke
221	Boys 13 years and over 50m Butterfly



Officials – We would appreciate your help

We need many officials to run a successful meet. If you are willing to officiate at our A/B/C sprints gala, could you please fill in the form below and email it to galasec@beverleybarracudas.co.uk or, alternatively, just send the name and email addresses direct. The Promoter will then contact the officials proposed nearer the date confirming when we require your help.

Any help you give is very much appreciated. Expenses and lunch will be provided for anyone willing to help for the day.

<u>Name</u>	<u>Address</u>	<u>Contact No./Email</u>	<u>Qualification</u>

Reply to: Karen Towse
22 Woodhall Park
Molescroft
BEVERLEY
East Riding of Yorkshire
HU17 7JT

E-Mail: galasec@beverleybarracudas.co.uk

If paying via BACS, please email Karen Towse above. Beverley Barracudas bank account details are:

Sort code: 40-32-06

Account Number: 91254316



PROMOTER'S CONDITIONS

RULES OF ENTRY

Prior to the Gala

1. All competitors must be registered with the ASA.
2. The meet shall be run under ASA Laws and FINA technical rules of swimming.
3. The Referee's decision is final at all times.
4. In accordance with ASA Child Protection policy, all photographic equipment including mobile phones with cameras must be registered at each gala session.
5. The use of mobile telephonic devices on the poolside is prohibited.
6. The minimum age for each event will be as follows:
 - a. 50m all strokes and 100 IM: 9 and over.
 - b. 50m & 100m all strokes and 200m IM: 11 and over.
7. Age is the swimmer's age at midnight on 18th March 2018.
8. All entries shall be submitted before the closing date of each Gala.
9. Poolside or late entries will be accepted at the discretion of the Promoter.
10. All entries to be submitted by each affiliated club's Competition Secretary via an electronic system.
11. All events will be swum as heat declared winner.
12. Swimmers can only enter their age group events.
13. There shall be separate events for males and females although, at the Promoter's discretion, they may be swum combined.
14. The Promoter reserves the right to amend the running order of events to give swimmers appropriate recovery time wherever possible.
15. Entry times will be short course times for the event distance.



The Day of the Gala

16. Swimmers shall be placed in graduated time order, slowest to fastest. All heats will be spearheaded.
17. A list of heat and lane assignments will be posted. It is the swimmers responsibility to check the heat sheet and be at the staging area on time.
18. Competitors must report to their Team Manager.
19. Warm up will commence one hour prior to the start of each Gala session, i.e. 08:00 and 13:00.
20. All competitors must report to the Competition Steward two events before their race or, if they are in the first race of the session, report to the Competition Steward five minutes before the published start time for the session/gala.

Awards

- Awards will be presented to the fastest three swimmers in each event in all age groups and to those finishing between 4th and 6th in the 9 and 10 year old age groups.
- Swimmers must collect their awards from the trophy table, after the results for each event have been announced/published.